Friday Mid-day Prayer

In Christ

Responses are in **bold type**. Psalms: alternate between right R and left L side of group

Hymn (Music or spoken: Sacred Weave)

You, O Lord, are in this place.

Your Presence fills it. Your presence is peace.

You, O Lord, are in my heart.

Your Presence fills it. Your presence is peace

You, O Lord, are in my mind.

Your Presence fills it. Your presence is peace.

You, O Lord, are in my life.

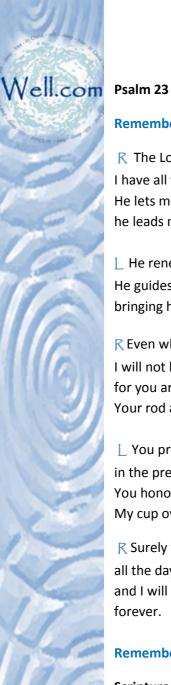
Your Presence fills it. Your presence is peace

The Lord is here: His Spirit is with us

Christ with me Christ before me Christ behind me In Christ always

Christ in me
Christ above and below me
Christ on my right and my left
In Christ always

Christ in my rising and my sitting Christ in all I meet this day In Christ always



Remember, I am with you always (Matt 28:20)

R The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside still waters.

L He renews my strength. He guides me along right paths, bringing honour to his name.

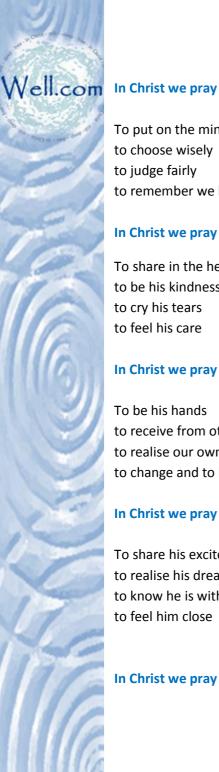
R Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.

You prepare a feast for me in the presence of my enemies. You honour me by anointing my head with oil. My cup overflows with blessings.

R Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

Remember, I am with you always

Scripture reading...following by quiet reflection and music



To put on the mind of Christ to choose wisely to judge fairly to remember we belong to God

In Christ we pray

To share in the heart of Christ to be his kindness to cry his tears to feel his care

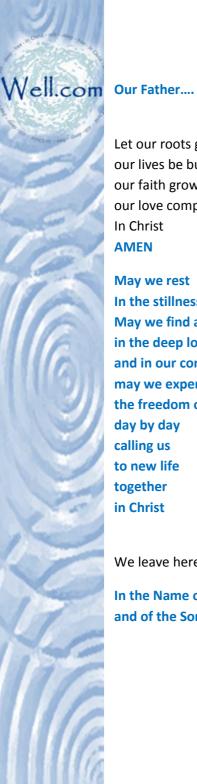
In Christ we pray

To be his hands to receive from others to realise our own emptiness to change and to be changed

In Christ we pray

To share his excitement to realise his dream to know he is with us to feel him close

In Christ we pray



Let our roots grow down our lives be built our faith grow strong our love complete In Christ **AMEN**

May we rest In the stillness of God May we find acceptance in the deep love of his Son and in our coming and our going may we experience the freedom of the Spirit day by day calling us to new life together in Christ

We leave here . .

In the Name of the Father and of the Son and of the Holy Spirit Amen